Implicit bias...who, me?

By Joseph Andalina

The new kid on the block: implicit bias. I think it’s a form of de-escalation which centers on teaching cops to admit their innermost bias and counteract their unwitting prejudice for better policing. Especially for the new world of PC.

Now, besides being a cop, running into danger, handling neighbor disputes, lost kitties, being a psychologist and a mental health doctor, and eating all kinds of crap from the public and your mayors, you now must be trained to acknowledge your “implicit bias” and to ensure your actions are not due to these biases when interacting with morons. Especially when they are being serious morons.

The bias as reported is a conscious, verbalized animus towards a certain group of people, when implicit biases unconsciously influences a cop’s thoughts and behavior even if the cops aren’t aware of having prejudices. Sounds exciting, doesn’t it?

Here’s a couple of questions asked of the cops in training.

1. How would you react if you saw a black man struggling to open a door in an upscale neighborhood? What if the man was white?

My answer: I’d figure he was a guy—he can open his own doors. Unless, of course, it’s midnight, he has burglary tools or a weapon, then it’s a different ballgame. Applies to both black and white.

2. What about a well-dressed woman versus a teenager wearing low slung jeans hopping a fence?

My answer: What’s the lady wearing? Versace? Gucci? Is the teenager carrying a 52” Sony TV?

Help me, Lord! But that’s me, not you. If you believe in this, bless you? Some officers liked it and now realize that they could have bias. Well, good for these youngsters. Now the chief knows that they have verbalized that they didn’t know they had these biased thoughts. Let’s see how that pans out — but maybe they will find stripes sooner than later.

But the press and chiefs never ask the cops who think this stuff stinks like yesterday’s dirty laundry. We all want to get promoted or assigned to Detectives someday, don’t we? So no one apparently raised their sap glove wearing hands.

One chief reportedly said (the training) makes it “safer for officers to never make assumptions about the people they encounter.” WTF? Don’t make assumptions? How else do
Chaplain’s Column
By: Thomas Ross

Just thinking!! Ever wonder how we keep balance in our lives with so much going on? I had this thought about—imagine this—flying a four engine plane representing our life’s journey. Now the four engines represent the parts of our life: Family, Faith, Career and Community. What is important as we fly off into the wide blue yonder is to keep these engines of life in balance so we have a smooth flight of life. They are all important, but keeping them in balance is the real trick. Sometimes one of the engines could overpower the others and create turbulence on the journey.

When we look at Career—it is important as it’s the way we support ourselves and family. We want to be successful and exceed expectations so in particular we may stress it more in our early years to gain a good foothold.

Family kind of speaks for itself. Family gives us the strength and support to accomplish so much in our lives and we push it to gain everything called the American dream.

So, having identified the one side our flight we turn to Faith. Most of us have found or experienced faith in our lives. Some call it the journey of the life. Gives us some definition we are not alone on the journey but find direction towards our ever day lives.

Then we have Community. Being involved outside of our jobs and family is a way of giving back for all that we have been given in this life. It gives us a chance to help others who are not so fortunate in life. Volunteering in community events gives us back more than the effort we give into it.

OK, so there are my four engines of life. Balance makes for a good ride but if one of the engines goes out? Can we still fly? Of course we can but will the ride be the same? Or we give too much power to one of the engines—will it work better? Obviously for my imagined example the flight will not be the same without the balance of the four engines.

Can you drop one or two? That is an individual decision and will show itself in our flight. I know for me I have tried to live with the engines of life which sometimes got out of balance but with some adjustments brought me back into life’s balance. Think about your engines of life and if one is missing, try to improve your life flight by adding it back. If we are out of balance, look to even it out and back on course.

We head now into the Holy Days of faith. My best wishes for a smooth flight of life. Enjoy your families, your faith, and your community and be the best in your jobs.

Merry Christmas and Happy 2018.

PEACE
Deacon Tom Ross, Sr
sligo8@wowwww.com

Chief’s Follies
By: Joseph Andalina

Mushrooms flourish in Frankfort in the form of leaders

A suburban police department (above) has been accused by one of its police officers of discrimination. The discrimination revolves around a pregnant officer being denied reasonable job accommodations, such as providing a properly fitted protective vest, and forcing her to go on leave months before her child was due to be born. She is a 14-year veteran and tried, with her union, to negotiate temporary modifications to her patrol duties and equipment.

This has been a never-ending problem with some police chiefs and municipalities over the years, but most put away their Neanderthal thinking and provide some benefits for pregnant officers. It is the right thing to do.

But not Frankfort PD. Allegedly, according to the lawsuit, Chief John Barica refused to discuss accommodations for this pregnant officer. He was reported to have said that duty assignments (modified) were only available to officers injured on the job. He did not want to set precedent for pregnant officers.

One may ask how many pregnant officers does Frankfort have? He also reportedly said he only had to treat her “like someone with a broken leg whose injury occurred during off-duty.” I ask, if he is treating her like she has a broken leg, isn’t that an injury?

The department also refused her request for altered body armor to protect her unborn baby. Instead, they gave her two ill-fitting men’s shirts and one pair of non-maternity pants. She had to buy her own suspenders to keep the pants up.

This would be funny if it wasn’t so chickenshit. She was forced to take an early leave, too, losing accrued benefit time.

Frankfort village administrator Rob Piscia said he couldn’t comment on the pending lawsuits, except for “The village has complied with all laws and the collective bargaining agreement.”

Fast fact, Rob, you can provide a little extra for your cops in these circumstances without any issues. It’s called kindness. No one would complain.

While he couldn’t or wouldn’t comment much, he gave out the usual pablum about a discrimination-free workplace in Frankfort. Is there some implicit bias towards pregnant women then?

The good news including the officer’s lawsuit pending is that her and her husband (a sergeant at Frankfort) are the parents of a healthy baby boy.

I don’t think they named him after her chief. Good luck officers.

A swing and a miss

We mentioned former Monee mayor Jay Farquhar before. He’s the guy who as mayor, was helping out at a girl’s softball game.

Apparently, the ex-mayor challenged one of the umpire’s calls when he called a foul ball as the little girl swung and missed. He wanted to give the kid a chance to hit. Something those of us who coached kids’ softball would readily agree is the proper way to conduct a little kids’ softball game. It’s about giving them confidence. It’s harmless and no one I have ever heard of suffered long term angst by giving a kid a break.

Until the mayor asked the ump if he was drunk. The ump confronted the disgruntled fan (the mayor) and in return, the mayor punched him in the jaw, fracturing it and causing the need for surgical repair.

Apparent both individuals were charged with an offense, but the ump’s was dismissed. Now the case, which occurred in June of 2016 will finally go to a bench trial in January of 2018. It will take a full 18 months to get this sad tale resolved.

It was earlier reported that the pugilistic politician has been accused—but never charged—with bad behavior before. He was accused of assaulting a cop, punching a dog in the head, and being aggressive in an interaction with the prior mayor in Monee. He also had orders of protection filed against him in the early 2000’s.

Continued on page 5
Chief’s Follies

Continued from page 3

Who knows what will happen, but one hopes he is never allowed in the political arena or on a girls’ softball diamond again. I bet he won’t punch the judge, either.

I am confused?

From American Police Beat comes the interview of Matthews, NC police chief Rob Hunter as he retired from this most noble of professions. In the interview, he said "We need to look at ourselves first. Are we being open and honest? Are we holding ourselves accountable when bad things happen, because they do. If not, we are circling the wagons and protecting ourselves to exclude communities from knowing what’s going on within our police departments, we’re killing ourselves, destroying trust with people who are paying us to keep them safe.”

Wha…happened, Chief? Did you attend an implicit bias class? Whose side are you on, anyway? Did you have lunch with Colin Kaspersnik? Here’s how I would answer him:

What you just said is one of the most insanely idiotic things I have ever heard. At no point in your rambling, incoherent response were you even close to anything that could be considered a rational thought. Everyone in this room is now dumber for having listened to it. May God have mercy on your soul.

He pled guilty

We wrote about the former Home-town chief, Charles Forsythe, last issue, going to trial for pilfering $65k from tow receipts at his department. I guess he re-thought the innocent thing and pled guilty. The disgraced former chief caught a break from the judge. He pled and received four years of probation, full restitution, and is prohibited from being employed in law enforcement. Who would want him?

My favorite

Mayor Emmanuel claims his wants more weekend parking tickets in Chicago. So he plans on going after parked cars on weekends to complete his 2018 budget.

Can a tax hiker dream up more ways to hike more taxes by calling it ticket revenue? It’s logical — go after parked cars. It’s better than getting tossed, I guess.

He wants parking enforcement work-ers to work overtime on weekends to bring in an extra $4 million to the city. They make about $2.6 million but Rahm wants more. And more. And more!

Good thing all these tickets are not coming from the hands of cops. Let the citizens now hate the poor parking meter maids or butlers or whatever you call them now.

Giving new meaning to revenue pro-ducers in law enforcement, eh? New slogan for those who wish to protest — Pens down, don’t write!

A Jolly Folly

Watching the news reports and updates of the Las Vegas shootings in mid-October, I was riveted by the words of Sheriff Joe Lombardo of Clark County, NV, where the shoot-ings occurred. As he gave updates on the investiga-tion, he ended with him speaking of the bravery of his officers who worked for him and were seriously wounded. As he spoke, his emotions took over and he choked up a few times. He was clearly going through a great amount of stress, but his love and concern for his officers was gratifying and simply wonderful.

We applaud his demonstration of love and respect for his officers.

Continued on page 6
You've filed a ULP (unfair labor practice) charge against your employer, alleging a violation of good faith bargaining or other procedural violations of a contract under the Act (ILRB). It is important to note that the Executive Director of the ILRB sets the time and location of the hearing. Not you, your union, or the employer are entitled to do so. Once set, the "neutral chairman or administrative law judge (ALJ) shall preside over the meeting and receive testimony."

In short, the Executive Director of the ILRB will determine that a ULP contains the proper issues of law and the ILRB will determine that a ULP

So the ALJ, understanding that no one will ever believe the other side is right, will allow the loser to file exceptions. This is an appeal to the full ILRB, who will then review the transcription and facts entered into the hearing and make a decision to confirm the award decision or overturn same. But the Memorial Day holiday, and the 4th of July will most likely pass before you hear either way.

After the original hearing, if no exceptions are filed, the order becomes a non-precedential decision of the Board. Case closed.

So that's it. Not too difficult, but it can be very time consuming. The most important thing to remember is that you who are filing the charge will be called upon to testify and provide evidence because after all, the ULP is about you.

By: Joseph Andalina

A Jolly Folly

And finally, a recent post on one social media site shows the picture below of Freeport police chief Raymond Garisey.

Maybe it’s for Halloween, but like I always say: Once a chief, always a chief, in one form or another!
$100,000,000 for the project. I think that one ex-top honcho could raise his own cash or maybe ask for a loan from “What-happened Hillary.” Or the DNC, or Bernie, or Pootie Putin and the Russians.

But this is important stuff for the liars, haters, harassers, crooks, and schizophrenics that make up our Illinois legislature.

• Illinois lawmakers recently attempted to pass a law criminalizing any politician in any community who proposes to pass a law installing right-to-work ordinances in their towns.

While I applaud the democratic willingness to prevent right-to-work laws, the effort is misguided. Making this a Class A misdemeanor is the reason the law failed. In fact, a second attempt to veto override Rauner on this bill also failed. Politicians are not going to punish other pols on this issue by threatening jail time.

Maybe cutting their state monetary reimbursements would be appropriate.

• Lots of sexual harassment stuff going on at press time. We will see where this takes our fine legislators.

• Rauner the Bruce may not be governor much longer. He went way to the left with his recent free abortion and immigration decisions.

Come 2018 if he is booted out, I say good riddance.

MISSING THEM
It’s been four years this December since my dad died. Two years in January for my mom. I miss them every day, especially my father. They were my heroes. My stay-at-home mom, who was always there for us, and my dad, a World War II veteran who fought in Okinawa. The bravest and toughest man I will ever know.

I miss sitting with him, enjoying a bottle or two of Chianti. It never seems to get easier when you lose your folks. Part of our identity. And you realize when you lose your parents, there is no one else to remember when you were little.

Stare tranquilla i miei genitori.

THOUGHTS AND PRAYERS
To our great friend and chief counsel, Joe Mazzone, on the loss of his mother who passed away last September after a long illness.

Love and prayers to you, brother.

MISSING THEM
It’s been four years this December since my dad died. Two years in January for my mom. I miss them every day, especially my father. They were my heroes. My stay-at-home mom, who was always there for us, and my dad, a World War II veteran who fought in Okinawa. The bravest and toughest man I will ever know.

I miss sitting with him, enjoying a bottle or two of Chianti. It never seems to get easier when you lose your folks. Part of our identity. And you realize when you lose your parents, there is no one else to remember when you were little.

Stare tranquilla i miei genitori.

THOUGHTS AND PRAYERS
To our great friend and chief counsel, Joe Mazzone, on the loss of his mother who passed away last September after a long illness.

Love and prayers to you, brother.
As I close this article, I wish to express that I am not naive about the streets. I am an old and broken down cop veteran who sees nobility in what we do. People make shit up about cops all the time and a few bad apples spoil the proverbial barrel.

In an essay, the Gadfly by Carol Tavris, she writes that prejudice is a 9-headed Hydra. Cut one head off and another emerges. Prejudice subsides in good times and emerges in bad times with new targets. Guess what — cops are the new targets.

She states that prejudice allows people to create scapegoats on whom they can displace anger on or to cope with feelings of powerlessness. I guess folks feel powerless when approached by a cop and out come the ticket books, tasers, and cuffs, or maybe the dreaded sap. (Oh, how I loved mine!)

The “implicit bias” that some feel or possess is not restrict-ed to cops, so get training we are told, so you can be easier to kick around. Cops are noble characters who just want to help folks and go home when their shift is completed. However, the implicit bias from those who are trying to make us feel guilty is ever present. Their poor opinion of us is based on that false narrative of brutality, killing young black men, and Gestapo tactics. I can only deal with that to a certain extent. Going back to Ms. Tavris, she writes “Anyone who wants to understand prejudice therefore has a daunting task.” You said it, sister! But I feel it works both ways. Maybe you will agree.

Censuring speech and blaming cops for society’s ills or taking classes to understand your “implicit bias” does nothing for those who will continually disrespect us and use this as a way to not be responsible for their actions as we can’t make them be aware of their prejudice or implicit bias.

I go back to my old academy days in The Land that Time Forgot.” Do your job. Treat all equally. Be brave. Don’t eat crap, it doesn’t taste good. Honor and integrity is your reward.

So what needs to be changed? Good luck if you are into these classes.

Go for it, but bring a hanky. Vita e bella.

Implicit bias... who, me?

Continued from page 7

Joseph Mazzone

DuPage County Coroners

Contract 12-1-16 to 11-30-2019. Wage increase of 2%, 2%, 2% retroactive to June 1, 2016. Probationary Period modified to give additional rights to probationary employees. Define discipline with specificity and provide for arbitration of discipline. Clarification and notice for rules and regulations adopted by the Coroner. Codify severance pay for any laid off employees.

Clarify scheduling of vacation by seniority. Codify donation of sick leave to other employees in need. Clarify grievability of any change to the work shift. Distribution of overtime on a seniority list basis. Notification by e-mail. Out of State training paid for travel time. Codification of the employee retention benefit.

Contracts Corner

And clowns — they are evil. All of them, even Bozo. Bozo — what a name — I thought only police chiefs were nicknamed Bozo.

Trust me, they all want to rip out your guts and make pork sausages out of them. I did not want to be an all-beef hot dog and sold by some dude at Wrigley Field, so I fought and you should too if you encounter this crazed clown. Eat more garlic.

And notice the tailored suit. If you got it, flaunt it.

Pennywise lives!

Long before the story of IT surfaced from the mind of Stephen King and the cameras of directors, I can attest that Pennywise is real.

Many years ago in Little Italy, my brother Mikey and I were playing with our switchblades when a clown appeared in the alley. Just as we were throwing our knives at a rat, wham, Pennywise appeared out of a garbage can.

Mikey ran screaming but I lingered as the clown who called himself Pennywise was holding a puppet who I recognized as “Topo Gigio.”

Topo was a favorite Italian character and I loved him. What did I know? I was six! Topo Gigio loosely translated means “Louie the Mouse,” like one of my father’s crew members.

When I came near, he grabbed me and took me to Maxwell Street, which at the time was a hangout for suspicious characters, many with numerous watches on their arms, and other purloined items to sell. But I didn’t have the “time” to wear so many watches so I fought violently and hard, for a six-year old.

Pennywise gave up because he said I smelled like garlic and he let me go, leaving me with the balloon, pictured at the side. Proof that it really happened, just like I said.

You’ll float too!!!

Don’t be that guy

Most law enforcement officers conduct themselves with utmost dignity and discretion when dealing with the absurdities of daily living. Except for this one:

A woman in Idaho is facing burglary charges after she broke a window in a coffee shop to retrieve a fire extinguisher in order to rescue a child in a burning vehicle.

She says after she obtained the extinguisher, a police officer told her she was being charged with burglary. He advised her that using this device that didn’t belong to her is a theft no matter how good your intentions might be.

Who the heck trained this guy?

Reptile Lives Matter

A really sad death

Not a happy story here for a man who likes snakes.

David Hohs was struck by a rattler while hiking in Pennsylvania. There was a lot to admire in this young man. He struggled with depression and bi-polar disorder only to become a triathlete ironman.

This was surprising, since rattlesnake bites are rarely fatal in the US. Each year there are numerous venomous bites, of which this year, 12 were fatal, for a fatality rate of 0.15 percent.

And a person in good shape, like Mr. Hohs, would have even better survival odds. But he died about 30 minutes later after being air-lifted to the hospital. Paramedics could not find the reptile for identification purposes.

Knowing something about these deadly creatures, I can tell you the potential harm for any victim depends on two things: The type of venom delivered and the amount of venom injected.

There are three kinds of rattlers in Colorado; the Desert Massasauga, the Prairie, and one we will discuss shortly (for all you reptile enthusiasts). The Massasauga certainly wasn’t the

Continued from page 9

Continued on page 14

Bits n Pieces

Winter 2017

Metropolitan Alliance of Police

Continued on page 14

Winter 2017

Metropolitan Alliance of Police
Member News

23rd Judicial District
Nicholas Bogdonas
Krista Greer
Alejandra Moreno

Addison
Derek Krebs
Michael Vitello

Alsip
Michael Jensen
Margaret Wildner
Scott Zablony

Arlington Hts
Tyler Masnovi

Barrington Hills
Austin Thomas

Bensenville
Libu Mathew

Burr Ridge Sgts
John Helms

Carpentersville
Ian Abdurahman
John Adelizzi
Edwin Alva
Tyler Lamz
Daniel Vera

Carpentersville Civilians
Arturo Diaz
Bryan Nelson
Matthew Sachtleben
Alma Thorsen

Cook Co Disp/Veh Svs
Gwennetta Dunlap
Shakela Ford
Tamera Jones
Lanique Posey Lide
Frederick Sallis

Cook Co SSD
Notis Baltrazis
Michael Brogan
Alante Carpenter
Santooni Davis
Zenitra Hedges
Brenda Holliday
Ashley Patrick
Ashley Swenswick
Samantha Theisse

Crete
Michael Cage
Robert Fitzgerald
Daniel Nelson

DeKalb Co
Amanda Burg
Nicholas Peterson

Du Page County
Donald Agustin
Luciana Barrios

DuPage Co Coroner
Kristen Danielsen

E-Com Dispatch
Emily Sennesac

Fox River Grove
William Halasz

Genoa
Ryan Bierman

Grundy Co Civilians
Peyton Anderson
Lauren Budde
Kimberly Kennedy
Amber Olivera

Hanover Park Civilians
Alexis Simone
Shana Galto

Hickory Hills
Amy McMahon
Homewood
Henry Resken

Huntley
Jake Fiedelkorn

Indian Head Park
John Kissane
Jacob Temple

Lakemoor
Wendell Russell
Anthony Loiacono

LaSalle Co Corrections
Michael Lynch

Lisle
Bradley Frost

McHenry Co Clerks
Melissa Chrisis
Allison Hansen
Erika Layton-Reynolds
Traci Slavin

Momence
Mark Milion
Kathreyn Novak
Roger Novk
Roger Sipple

Montgomery
Matthew Demetral

Morris
Justin Martin

Mt Prospect
Christopher Arevalo

NIU Dispatch
Shesone Pocket
Carl Simonson
Julianne Snow

Oak Forest
Douglascurlie
Jason Michalek

Orland Park
Meghan Lynch
Ernest Soderlund

Palos Park
Derek Kaczmarczyk

Park Forest
Garrick Ems
Brian King
Stuart Widgren

River Valley Detention
Heavenly Martin

Roselle
Elie Perez

Schaumburg
Adrianna Czertkoon

SEECOM
Tami Stott

Seneca
Kevin Grawekis

St Charles
Joshua Rosowski

Streamwood
Timothy Brady

Streamwood Vlg Hall
Brandon Arnold
Nicole Perry

Villa Park
Patrick Burke

Waukegan Sgts
Elias Agialanos
Cesar Garcia
Craig Neal

Wescam
Meghan Macejak

West Dundee
Blake Fallon

Wheaton
Briana Carso
Matesuz Pyka

Will Co Mgmt
Robert Dent
Michael Earnest

Willow Springs
Erica Martin

Woodridge
John Kaperski

Promoted
Algonquin
Timothy Cooney

Aslip
Todd Gutkowski
Kevin Milos

Arlington Hts
Alexandra Nelson

Bolingbrook Command
John Morrow
Nicholas Kreedy
Rich Hilliard

Crystal Lake
Lucas Behning
Ryan Courte

DuPage County
Phillip Marotta

Elwood
Drew Anderson
James Hartley

Homewood
Jack Lenox

Lake in the Hills
Marie Raminino

Moraine Valley
Mark O’Donnell

Oak Lawn
Michael Hudziak

Oswego
Andrew Santa

Streamwood
Thomas Dolea

Tinley Park
Bryan Bishop

Villa Park
James Sears

Western Springs Sgts
Roderic Jager

Will Co Mgmt
Brian Conser

Retired
Bolingbrook Command
James Coughlin

Burr Ridge Sgts
Gerald Karczuski

DeKalb Co
Debbie Rosenberg

DuPage County
Debbie Rosenberg

DuPage County
Ryan Courte

DuPage County
Phillip Marotta

E-Com Dispatch
Jeffrey Theriault

South Elgin
Tim Rothenbach

Tinley Park
Thomas Cappos

Waukegan Sgts
Gerald DiXon

Winfield
Mark Groveau

Winnmetka
Michael Williams

Woodridge
Jeff Johnson

Member News

I never learned hate at home, or shame; I had to go to school for that.

~ Dick Gregory

Funnyman and activist

1932 – 2017
The Midget-Faded Rattlesnake, a particularly deadly species with two kinds of toxins: hemotoxin (like all rattlers) and neurotoxic proteins. If the fangs injected venom directly into the vein, it would speed up the process as the venom raced to the heart. Neurtoxic proteins can sometimes cause the victim to go into shock and die within minutes. If the fangs injected venom directly into the vein, the venom would be carried to the heart and the victim would die within minutes. But, if the fangs injected venom directly into the vein, the venom would be carried to the heart and the victim would die within minutes. But we will never know. The poor fellow was not mucking the snake, just walking a trail with his best gal where he stepped on the 4-footer.

Us snake hunters have to live with the good, the bad, and the ugly.

**Plainfield chapter gives back**

At two recent events, the Plainfield chapter made donations to the Moose Academy and the Plainfield Academy.

---

**Bits n Pieces**

Continued from page 11

culprit, but the Prairie could deliver a bad bite. But there is a third species in parts of Colorado, the Midget-Faded Rattlesnake, a particularly deadly species with two kinds of toxins: hemotoxin (like all rattlers) and neurotoxic proteins.

Also, if the fangs injected venom directly into the vein, it would speed up the process as the venom raced to the heart. But we will never know. The poor fellow was not mucking with the snake, just walking a trail with his best gal where he stepped on the 4-footer.

Us snake hunters have to live with the good, the bad, and the ugly.

**Firefighters do it better**

That’s right, I said it. In fact the small town volunteer fire departments do it best. What do they do? They take care of each other and themselves. They debrief after each critical incident they handle. They talk about what went well, what went bad, and what images they would like to erase from their mind.

What do we do? We get back in our squad, by ourselves, and go to the same domestic battery call we go to every week. You know the one. The one where the couple wants you to fix 10 years of abuse in five minutes.

Sean Riley, the founder of Safe Call Now, recently spoke at our annual seminar. He talked about how we are trained to do the job the vast majority of the population are unwilling or unable to do.

Think about it. There are 325 million people in the United States, of which only 765,000 are sworn law enforcement officers. That’s 0.2%. We take 0.2% of the general population and train them to not think like the rest of the population.

We train your brain to do the exact opposite of what other people’s brains tell them to do. We train you to run toward the gunfire, run toward the danger, and go down into the dark basement where someone is screaming for help. We train you to have a “Warrior Mindset.” Then at the end of a 12-hour shift, we expect you to turn it all off, forget everything that happened, and go back and function with the other 99.8% of the population. We are very good at training you how to do the job, but we have zero training on how to go home at night.

That’s why the firemen have it right. They talk about things with each other. We don’t. In fact, until a few years ago, we weren’t even allowed to talk about getting help for ourselves. We would go home, kick the dog for tearing up the house (because we have been gone for 12-hours), trip on the kid’s toys (and yell at them), and dismiss your spouses’ question of “How was your day?” Then we grab a six pack (which later turns into a 12-pack, and then a bottle of booze) and go down to the basement or out to the garage and stare at the TV while we try to get our mind around what happened during the day. Well, actually, we are trying to bury it so we don’t have to deal with it. If we don’t get help, if we don’t acknowledge we see horrible things no human should ever have to see, we end up becoming a hidden statistic of police officer suicide. We lose more fellow officers by our own hand than by that of offenders. There are great programs like Below 100, which work on getting line of duty deaths under 100 each year. Yet we have nothing to try to get the number of suicides under 100. According to Badge of Life, we lose one fellow officer every 81 hours to suicide.

If you are struggling or you know someone who is, Safe Call Now is a hotline staffed by and for first responders. They have a strong reputation for helping first responders get the help they need. They will listen to you and give you some guidance on how to help yourself out of the hole you are in. If it is serious, they can find a treatment center out of state and allow the officer to keep their FOID card and return to work.

Let’s start taking care of each other off duty as well as we do it on duty. Stay Safe.

Safe Call Now is a CONFIDENTIAL, comprehensive, 24-hour crisis referral service for all public safety employees, all emergency services personnel and their family members nationwide.

Make a Safe Call Now at 206-459-3020.

For more information go to Safecallnow.org

Editor: John, a MAP Board member, can be reached at jholiday@mapunion.org

---

**Time of the year**

It’s that time of the year. Santa is coming. Be good boys and girls.

In that spirit, I wish you all a Merry Christmas, Happy Holidays, or whatever you call the season, so as to not offend some liberals.

I leave you this wonderful message from the King James Bible.

“Then I commended mirth, because a man hath no better thing under the sun, than to eat, and to drink, and to be merry, for that shall abide with him of his labour the days of his life, which God giveth him under the sun.” (Ecclesiastes 8:15)

Vita é bella sensa

---

**Vita é bella sensa**

(**Ecclesiastes 8:15)**

*be merry, for that shall abide with him of his labour the days of his life, which God giveth him under the sun."

Bible.

For more information go to Safecallnow.org

Editor: John, a MAP Board member, can be reached at jholiday@mapunion.org

---

**Plainfield chapter gives back**

At two recent events, the Plainfield chapter made donations to the Moose Academy and the Plainfield Academy.
<table>
<thead>
<tr>
<th>Chapter Name</th>
<th>City/County Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>23rd Judicial Circuit</td>
<td>Forest Rangers</td>
</tr>
<tr>
<td>Court Clerks</td>
<td>Dwight</td>
</tr>
<tr>
<td>Addison</td>
<td>E-Com Dispatch Center</td>
</tr>
<tr>
<td>Algonquin</td>
<td>East Dundee</td>
</tr>
<tr>
<td>Algonquin CSOs/Disp</td>
<td>Elgin Community</td>
</tr>
<tr>
<td>Alsip</td>
<td>College</td>
</tr>
<tr>
<td>Arlington Heights</td>
<td>Elwood</td>
</tr>
<tr>
<td>Barrington Hills</td>
<td>Elk Grove Village</td>
</tr>
<tr>
<td>Bartlett</td>
<td>Fox River Grove</td>
</tr>
<tr>
<td>Bensenville</td>
<td>Genoa</td>
</tr>
<tr>
<td>Bolingbrook</td>
<td>Gilbert</td>
</tr>
<tr>
<td>Bolingbrook Germans</td>
<td>Glenwood</td>
</tr>
<tr>
<td>Bolingbrook Sgts/Lts</td>
<td>Grundy County Civilians</td>
</tr>
<tr>
<td>Bridgeview</td>
<td>Hanover Park</td>
</tr>
<tr>
<td>Buffalo Grove</td>
<td>Hanover Park Civilians</td>
</tr>
<tr>
<td>Burr Ridge Sgts/Cps</td>
<td>Hanover Park Sgts</td>
</tr>
<tr>
<td>Carpentersville Civilians</td>
<td>Harvey Patrol</td>
</tr>
<tr>
<td>Carpentersville Police</td>
<td>Harvey Sgts</td>
</tr>
<tr>
<td>Carpentersville Sgts</td>
<td>Hawthorn Woods</td>
</tr>
<tr>
<td>CenCom E-9-1-1</td>
<td>Hazel Crest</td>
</tr>
<tr>
<td>Channahon</td>
<td>Hickory Hills</td>
</tr>
<tr>
<td>Chicago State</td>
<td>Hoffman Estates</td>
</tr>
<tr>
<td>University Police</td>
<td>Hoffman Estates Sgts</td>
</tr>
<tr>
<td>Chicago State</td>
<td>Homewood</td>
</tr>
<tr>
<td>University Sgts</td>
<td>Huntley</td>
</tr>
<tr>
<td>Clarendon Hills</td>
<td>Indian Head Park</td>
</tr>
<tr>
<td>Coal City</td>
<td>ISTHA</td>
</tr>
<tr>
<td>Cook County Dispatch and Vehicle Services</td>
<td>ISTHA Call-takers</td>
</tr>
<tr>
<td>Cook Co DCSI Deputy Chiefs</td>
<td>John Stroger Hospital Police Sgts</td>
</tr>
<tr>
<td>Cook Co Dispatch Supvs</td>
<td>Johnsburg</td>
</tr>
<tr>
<td>Cook Co Social</td>
<td>Justice</td>
</tr>
<tr>
<td>Caseworkers I and II</td>
<td>Justice Sgts</td>
</tr>
<tr>
<td>Cortland</td>
<td>Lake Forest</td>
</tr>
<tr>
<td>Crest Hill</td>
<td>Lake in the Hills</td>
</tr>
<tr>
<td>Crest Hill Sgts</td>
<td>Lake in the Hills Police</td>
</tr>
<tr>
<td>Crete</td>
<td>Dispatch/CSO’s</td>
</tr>
<tr>
<td>Crystal Lake</td>
<td>Lakemoor</td>
</tr>
<tr>
<td>Darien Police and Sgts</td>
<td>LaSalle County</td>
</tr>
<tr>
<td>Darien Police Civilians</td>
<td>LaSalle Co Correctional Officers</td>
</tr>
<tr>
<td>Des Plaines</td>
<td>Lemont</td>
</tr>
<tr>
<td>Des Plaines Sgts/Lts</td>
<td>Lemont Sgts</td>
</tr>
<tr>
<td>DeKalb County</td>
<td>Lisle</td>
</tr>
<tr>
<td>DuPage Co Patrol/Court Svcs</td>
<td>Lockport</td>
</tr>
<tr>
<td>DuPage Co Coroner</td>
<td>Matteson</td>
</tr>
<tr>
<td>DuPage County</td>
<td>Matteson Sgts</td>
</tr>
<tr>
<td>Forest Preserve</td>
<td>Maywood Sgts</td>
</tr>
<tr>
<td>McCook</td>
<td>Metra</td>
</tr>
<tr>
<td>McHenry Co Crt Clerks</td>
<td>Mokena</td>
</tr>
<tr>
<td>Metra</td>
<td>Momence</td>
</tr>
<tr>
<td>Montgomery</td>
<td>Minooka</td>
</tr>
<tr>
<td>Moraine Valley College</td>
<td>Montgomery</td>
</tr>
<tr>
<td>Morris</td>
<td>Moraine Valley College</td>
</tr>
<tr>
<td>Mt Prospect</td>
<td>Mt Prospect Sgts</td>
</tr>
<tr>
<td>Mt Prospect Sgts</td>
<td>Mundelein</td>
</tr>
<tr>
<td>Naperville Civilians</td>
<td>Naperville Civilians</td>
</tr>
<tr>
<td>Naperville Civilians</td>
<td>Unit 2</td>
</tr>
<tr>
<td>Naperville Sgts</td>
<td>New Lenox Sgts</td>
</tr>
<tr>
<td>New Lenox Sgts</td>
<td>Niles</td>
</tr>
<tr>
<td>Niles</td>
<td>Norridge</td>
</tr>
<tr>
<td>Northlake</td>
<td>Northlake Sgts</td>
</tr>
<tr>
<td>Northlake Sgts</td>
<td>North Aurora</td>
</tr>
<tr>
<td>North Aurora</td>
<td>Northeastern II</td>
</tr>
<tr>
<td>Northeastern II</td>
<td>Campus Police</td>
</tr>
<tr>
<td>Campus Police</td>
<td>Northern Illinois</td>
</tr>
<tr>
<td>Northern Illinois</td>
<td>University</td>
</tr>
<tr>
<td>University</td>
<td>Northern Illinois</td>
</tr>
<tr>
<td>University Sergeants</td>
<td>University Sergeants</td>
</tr>
<tr>
<td>Northern Illinois</td>
<td>Telecommunicators</td>
</tr>
<tr>
<td>Telecommunicators</td>
<td>Northern IL University</td>
</tr>
<tr>
<td>Northern IL University</td>
<td>Security Officers</td>
</tr>
<tr>
<td>Security Officers</td>
<td>Northwest Central Dispatch</td>
</tr>
<tr>
<td>Northwest Central Dispatch</td>
<td>Oak Forest</td>
</tr>
<tr>
<td>Oak Forest</td>
<td>Oak Lawn</td>
</tr>
<tr>
<td>Oak Lawn</td>
<td>Oak Lawn Detention Officers</td>
</tr>
<tr>
<td>Oak Lawn Detention Officers</td>
<td>Olympia Fields</td>
</tr>
<tr>
<td>Olympia Fields</td>
<td>Orland Park</td>
</tr>
<tr>
<td>Orland Park</td>
<td>Oswego</td>
</tr>
<tr>
<td>Oswego</td>
<td>Palos Hills</td>
</tr>
<tr>
<td>Palos Hills</td>
<td>Park City</td>
</tr>
<tr>
<td>Park City</td>
<td>Park Forest</td>
</tr>
<tr>
<td>Park Forest</td>
<td>Peru T/Cs</td>
</tr>
<tr>
<td>Peru T/Cs</td>
<td>Plainfield</td>
</tr>
<tr>
<td>Plainfield</td>
<td>Prospect Heights</td>
</tr>
<tr>
<td>Prospect Heights</td>
<td>Prospect Heights Sgts</td>
</tr>
<tr>
<td>Prospect Heights Sgts</td>
<td>Quadcom Dispatch</td>
</tr>
<tr>
<td>Quadcom Dispatch</td>
<td>Riverwoods</td>
</tr>
<tr>
<td>Riverwoods</td>
<td>River Valley Detention</td>
</tr>
<tr>
<td>Center Supvs</td>
<td>Romeoville</td>
</tr>
<tr>
<td>Romeoville</td>
<td>Romeoville Sgts</td>
</tr>
<tr>
<td>Romeoville Sgts</td>
<td>Roselle</td>
</tr>
<tr>
<td>Round Lake</td>
<td>Round Lake Supvs</td>
</tr>
<tr>
<td>Round Lake Supvs</td>
<td>Round Lake Park</td>
</tr>
<tr>
<td>Round Lake Park</td>
<td>St Charles</td>
</tr>
<tr>
<td>St Charles</td>
<td>St Charles Sgts</td>
</tr>
<tr>
<td>St Charles Sgts</td>
<td>Schaumburg</td>
</tr>
<tr>
<td>Schaumburg</td>
<td>Schaumburg Command</td>
</tr>
<tr>
<td>Schaumburg Command</td>
<td>SEECCOM</td>
</tr>
<tr>
<td>SEECCOM</td>
<td>Seneca</td>
</tr>
<tr>
<td>Seneca</td>
<td>Southcom</td>
</tr>
<tr>
<td>Southcom</td>
<td>South Barrington</td>
</tr>
<tr>
<td>South Barrington</td>
<td>South Elgin</td>
</tr>
<tr>
<td>South Elgin</td>
<td>South Holland</td>
</tr>
<tr>
<td>South Holland</td>
<td>Steger</td>
</tr>
<tr>
<td>Steger</td>
<td>Streamwood</td>
</tr>
<tr>
<td>Streamwood</td>
<td>Streamwood Civilians</td>
</tr>
<tr>
<td>Streamwood Vlg Hall Civilians</td>
<td>Tinley Park</td>
</tr>
<tr>
<td>Tinley Park</td>
<td>Tricom Dispatch</td>
</tr>
<tr>
<td>Tricom Dispatch</td>
<td>University of Illinois</td>
</tr>
<tr>
<td>University of Illinois</td>
<td>Villa Park</td>
</tr>
<tr>
<td>Villa Park</td>
<td>Warrenville</td>
</tr>
<tr>
<td>Warrenville</td>
<td>Warrenville Sgts</td>
</tr>
<tr>
<td>Warrenville Sgts</td>
<td>Waukegan Sgts</td>
</tr>
<tr>
<td>Waukegan Sgts</td>
<td>Wescom Dispatch</td>
</tr>
<tr>
<td>Wescom Dispatch</td>
<td>Westchester</td>
</tr>
<tr>
<td>Westchester</td>
<td>Westchester Sgts</td>
</tr>
<tr>
<td>Westchester Sgts</td>
<td>West Dundee</td>
</tr>
<tr>
<td>West Dundee</td>
<td>Western Springs</td>
</tr>
<tr>
<td>Western Springs</td>
<td>Western Springs Sgts</td>
</tr>
<tr>
<td>Western Springs Sgts</td>
<td>Wheaton</td>
</tr>
<tr>
<td>Wheaton</td>
<td>Wheaton Sgts/Lts</td>
</tr>
<tr>
<td>Wheaton Sgts/Lts</td>
<td>Will Co Mgmt Assoc</td>
</tr>
<tr>
<td>Will Co Mgmt Assoc</td>
<td>Willow Springs</td>
</tr>
<tr>
<td>Willow Springs</td>
<td>Wilmington</td>
</tr>
<tr>
<td>Wilmington</td>
<td>Winfield</td>
</tr>
<tr>
<td>Winfield</td>
<td>Winfield Sgts</td>
</tr>
<tr>
<td>Winfield Sgts</td>
<td>Winnetka</td>
</tr>
<tr>
<td>Winnetka</td>
<td>Woodridge</td>
</tr>
<tr>
<td>Woodridge</td>
<td>Woodridge Civilians</td>
</tr>
</tbody>
</table>